





*TAWANDA CHISANGO*

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**Making  
sense of life  
and the  
universe**





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Publisher: tredition GmbH, Halenreihe 40-44,  
22359 Hamburg, Germany

ISBN

Hardcover: 978-3-347-00286-9

Printed on demand in many countries

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## Contents

### Introduction

1. God and the nature of God
  2. Does the universe respond to prayer?
  3. Evil and good
  4. The universe helps those that help themselves
  5. A search for the meaning of life
  6. Schizophrenia and the daemon
  7. The eternal soul
  8. Energy, frequency and vibration
  9. The reality of destiny
  10. Authentic love
  11. Sexual energy
  12. Transcending the ordinary
- Bibliography

## Introduction

After having read a lot of non-fiction books, I thought about writing my own book. I thought if I could write a book, I will be able to explicate all these different concepts in a way that can satisfy me. Making sense of life and the universe is about trying to find meaning and answers to all the big questions that we have about life and the universe, like Is there a God, what is good and evil and what is the meaning of life. We all need to make sense of life and the universe to have a meaningful life. Some people may ask, what will you get from just reading and getting knowledge. Well our purpose in this universe is to perfect consciousness. All the information you read will either raise or lower your vibration. I have written this book with intention to raise your vibration and bring clarity to different concepts about life and the universe. This very interesting book will leave you wanting more. In the process of writing this book I meditated every day and I meditated on the concepts that I wanted to write about for 30

minutes before writing. I found that meditation helped me greatly to quiet my mind and concentrate on what I needed to write about. I start the first chapter writing about God. I wrote about God first because before there was anything else there was a God. The God there isn't the God a lot of people think there is. I go into writing about whether God is benevolent, evil or just all good. I think religion has given us a distorted image of God. A lot of people make the mistake to anthropomorphise God. By doing this we are reducing God to the level of a human being. I also wrote about the meaning of life, and there is also a chapter about Schizophrenia. I had to include a chapter about schizophrenia because I have suffered from it for about 14 years. Anthony Peake brought great clarity to the subject about schizophrenia. He says in his book *The Daemon* that the release of dopamine in the brain gives a person suffering from schizophrenia access to the reality of the daemon or higher Self. Experiencing this reality is what brings about the insanity of a schizophrenic. So, it is an immanent force bringing about this illness. This book is filled with my innermost beliefs and the beliefs of those

that have attempted to explain the inexplicable.  
This book is fundamental step towards raising  
the consciousness of humanity.

## Chapter 1

### God and the nature of God

To make sense of life and the universe we must start with what started the universe. We must start with the inception of it all. We must start by exploring the concept of God.

In his book *the Daemon*, Anthony Peake goes on to say, *“All human beings exist in a universe that is not quite right—a universe that was not created by God, but by a being who thought he was God. How ever within every human being is a spark that belongs to the light, the pleroma and the true God.”* We need to know if there is a God, and not in the sense that a lot of people think there is a God. I have never seen God or heard God, but still people think there is an immortal force which created this universe and is very much conscious of everything. If there is a God, then most people's definition or perception of God is wrong. Religion has given us a distorted image of God, but I am not trying to denigrate any religion

because as Carl Jung said, *“The religious myth is one of man's greatest achievements, giving him the security and inner strength not to be crashed by the monstrosity of the universe.”* The God most people think there is, is not the real God there is. When you think of God, most people would like to think that God is an entity with its own human like body. In the bible in exodus 20 verse 5, God says I am a jealous God. So, man creates God in his own image, and gives it human characteristics. By giving God human characteristics we are reducing it to the level of a human being. If there is a God, why can't you see it. May be there is an invisible God. God is the intelligent invisible force that's guiding everything in the universe. This unfathomable force is chaos. It is the intangible supreme being we are all trying to comprehend. Man, the civilising influence of this chaotic force is but a reflection of its true nature. Because the nature of God is the nature of man. After all we are created of God substance. God incarnates itself

into this reality through sexual reproduction and evolutionary biology in order to reflect on itself and know itself in this dream. It is in our understanding of what God is that makes us see the true nature of this reality. It's in our nature to want to know about this complex reality, and by starting with God, we are starting with the inception of it all. God will only know itself through us. In God wanting to know itself, it creates polarity, which is male-female, good and bad. So, God intentionally creates polarity in wanting to know itself.

Is God evil? Another question that needs to be answered. If you are cognisant of the fact that God created evil in the universe, then there is a part of God that is evil. If God was all Good, then only good would occur in this universe. I know it's hard to accept that God could be evil, but we must know the true nature of God in order to really understand this universe and reality. God is not all evil. Evil and good is all part of God's nature. God the creator of duality must have a combination of good and evil or otherwise why

would the evil energy manifest itself in this reality unless it comes from the creator of this reality. Evil doesn't freely do what it wants in this universe. Having created free will in the universe, this omnipotent force created the law of karma. You are free to choose and do what you want in this lawful universe, but every action comes with consequences. When you choose to do good in the universe, you are using your free will to honour all that is good in the universe. The universe will reward you, and you will feel all the love the universe has to share with you. If you also choose to honour other people's free will, you are choosing the path of love. So evil things happen because God allows free will to play a part in this universe. Those people that do evil deeds, for example, kill people, God will not allow that to happen without consequences. Everything that happens in the universe is recorded in the akashic records, and that's why the universe judges you according to your actions. Many people make the mistake to anthropomorphise God. By giving

God human characteristics, we are reducing God to the level of human being. We must understand that God is not a human being, but a human being is part of God. Our perception of God must go beyond that of which we are given by religion. We must try and figure out what God is and try not to give it human characteristics, and then maybe we can know the true nature of God. God is unfathomable. It is incomprehensible. A puzzling mysterious force that sustains the universe. God is the invisible force of nature which created this reality so it can know itself through us. God is not all knowledge, because if God was all knowledge, then it could never know itself, because it could just be in a state of perfection. In God wanting to perfect itself, it creates an imperfect universe. God is everywhere and God is everything. God is the eternal Atom. The universe and everything in it is God. When the most high separated from itself, it created polarity. Then by creating male-female, dark-light, hot-cold, it could know different aspects of

itself. We are God trying to know itself. We are the harmonising influence of this powerful force. Now you could also say there is a God because, the DNA code programs a cell's behaviour. All instruction comes with intent. Someone who writes an instruction manual does so with purpose. This intelligent designer designed it so the DNA code can program a cell's behaviour. Something instructed precise information in our biology when you really take a good look.

*“God is an unconscious,unfeeling force that we bring consciousness to by our existence.” Dr Phillip Valentine.*

Nothing creates something intelligent without it being intelligent itself. Even though God is not all perfect, it definitely is intelligent and ignorant at the same time. The reason I say God is ignorant is because an all intelligent God would create an impeccable universe. God is not perfect, it has flaws. In the process of wanting to know itself, it created an imperfect universe. Everything points to an intelligent designer. If

you look at nature, the trees produce oxygen which is need for our survival. This is definitely not a work of chance. This is not just meaningless creation. Everything in the universe has purpose. This tells us the creator created with intent. We are a product of divine intelligence and you can see it in our biology.

I will finish this chapter with a quote from a magnificent Doctor of Classical Naturopathy-Hygienic Science; Grand Master of the KeMetaphysical Sciences, Dr Phillip Valentine. In his lecture metaphysics of the bible, he goes on to say, *“God doesn't care if you pray to it or not. You set the context of your own evolutionary process. You set the context for good and evil. God in its totality, God in its process is chaos, man is order. God isn't bringing order to man. Man is bringing order to God. There is no personality other than what we affix to it. We are the personalization of the most high. We are the civilising influence of the most high, and we are the harmonising influence of the most high. We are the one most high seeking its own*

*stability, its own harmony. We are the high or the highest or the one most high. We are the imperfect seeking perfection.”*

## Chapter 2

Does the universe respond to prayer?

The universe is a mysterious place. A place filled with love, hatred and intelligence. People are still trying to comprehend this magnificent creation. We are all trying to find out what works and we are also trying to find our place in this universe. Things have been invented in this world to try and advance our progress in this universe. Since the inception of mankind, we have been trying to understand our purpose and place in this universe. In the process man created all types of religions and spiritual systems in our search for this omnipotent creator. We also search for ways of communicating with this divine intelligence. Our question in this chapter is, does the universe respond to prayer? If we want to know the answer to that, we must first ask what is prayer? Prayer is defined as a solemn request for help or expression of thanks addressed to God or

another deity. In prayers, we request for help and we give thanks to the most high. So does the universe respond to prayer? and how can you know if God or the universe is responding to our solemn request for help. The universe does respond to prayer, but for our prayer to be answered we must transcend the doubt that often accompanies the positive nature of our desires. To really connect with the universe, and get a response to our prayers, we must speak the quantum language of feeling and emotion. Feeling is the prayer. This technique and form of prayer is us speaking the language of quantum possibilities. In the book the Divine Matrix, Gregg Braden goes into depth about this quantum language of feeling and emotion. He goes on to say emotion is the language that the universe responds to. One emotion that can really change things is being grateful. By appreciating more and incorporating this technique into our prayers, we are tapping into the language of divine intelligence. The reason

why emotion speaks to the universe is because DNA affects the stuff our world is made of and emotion affects DNA itself. By knowing the true nature of the universe, we can communicate with the universe by using the true language of the universe. Once we understand the universe, everything falls into place, and we start enjoying our lives more. Feel as if your prayer has been answered and you will receive your blessings. Although it's ok to pray, you should not wait around and wait for everything to manifest. Even though prayer is a way to activate the law of attraction by requesting an intention and by inviting inspiration, inspired action is also necessary and vital to complete the process of prayer. Allow the divine to take care of your prayers through you and others. Prayer is first and foremost an act of communication. We expect to have our prayers answered according to our belief and embodiment of that belief, because since we live in a belief driven universe, when we change our beliefs, we get a different